



January 2025

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### Important Information: Leaving Cert Home Economics Food Studies Journal Assignments

Dear Parents/Guardians,

I hope this message finds you well. I am writing to inform you that your son/daughter in 5th Year is currently working on their Leaving Certificate Home Economics Food Studies Journal assignments. This is a significant component of the Leaving Certificate course, worth 20% of the overall Home Economics grade.

Throughout the journal process, students are required to complete four tasks that are to be submitted before the October midterm of their 6th Year. While they will receive guidance in class, this work will require substantial time and effort at home. Each task needs to be carefully typed into a digital journal, so access to an iPad or laptop will be essential.

Meeting the set deadlines is crucial, as it allows me to correct and provide feedback in a timely manner, enabling students to make any necessary edits and improvements. To support your child in staying organised, please regularly check in with them, review their diaries, and ensure they are meeting these deadlines. All notes are available online as well as given in handouts.

Childhood obesity starting date:	Monday 13 <sup>th</sup> January 2025
Cookery date:	Wednesday 22 <sup>nd</sup> January 2025
To be completed for correction	Monday 27 <sup>th</sup> January 2025
Vegetarian starting date:	Monday 10 <sup>th</sup> February 2025
Cookery date:	Wednesday 26 <sup>th</sup> February 2025
To be completed for correction	Wednesday 5 <sup>th</sup> March 2025
Yeast starting date:	Monday 31 <sup>st</sup> March 2025
Cookery date:	Wednesday 9 <sup>th</sup> April 2025
To be completed for correction	Monday 14 <sup>th</sup> April (Note this is Monday of Easter holidays)

As this is a demanding component of their course, it is important that students stay on top of the workload.

Thank you for your attention to this matter and for supporting your child in their academic journey.

Please feel free to reach out if you have any questions or require further clarification.

Best regards,

Laura Heverin  
 [Home Economics Teacher]