

Coláiste Pobail na Mainistreach
Bóthar na Mainistreach, An Port Mór, Portláirge, X91 PC91
Priomhoide: Michelle Ni Sheafraidh
Leas-Phriomhoide: Colm de Ris
Leas-Phriomhoide: Helen Ni Chonchubhair
Leas-Phriomhoide: Laura Ni Ghiolla Phádraig

Abbey Community College
Abbey Road, Ferrybank, Waterford, X91 PC91
Principal: Michelle Jefford
Deputy Principal: Colm Rice
Deputy Principal: Helen O'Connor
Deputy Principal: Laura Fitzpatrick



Tel: 051 832 930
info@abbeycommunitycollege.com
www.abbeycommunitycollege.com

16th May 2023

A chara,

Your son/daughter will be taking part in an **Active Consent** workshop this Thursday 18th May as part of their **Relationship and Sexuality Education (RSE)**. **Active Consent** is funded by Galway University Foundation; Lifes2Good Foundation; Rethink Ireland; HSE; Department of Further and Higher Education, Research, Innovation and Science; and Higher Education Authority.

8.45 am – 10.45 am	11.00 am – 13.00 pm	13.40 pm – 15.40 pm
6B 6E	6C 6F	6D 6G

Relationships and Sexuality Education is a lifelong process of acquiring knowledge and understanding and of developing attitudes, beliefs and values about sexual identity, relationships and intimacy. In the school setting, it is an integral part of general educational provision, which seeks to promote the overall development of the person and which includes the integration of sexuality into personal understanding, growth and development. While parents are the primary educators in this area, schools have a key role to play. Ideally parents and schools will work in partnership to provide comprehensive relationships and sexuality education for young people.

What are the learning outcomes of the workshop? At the end of the **Active Consent** workshop, participants will:

- Know about, and agree on, what consent is and what helps and stops people communicating about consent.
- Be clear about the laws relating to consent.
- Understand consent needs to be On-going, Mutual and Freely Given (OMFG) and realise that it applies to all relationships, gender and orientations.
- Understand the importance and have the confidence to verbally communicate.
- Be clear that a NO is a rejection of the activity not the individual.
- Be aware that perceptions of social norms may not be based in fact.
- Realise that most young people (male and female) are not comfortable engaging in very intimate behaviours with people they have just met and that everyone agrees consent is important.
- Be aware of what internalised peer pressure is and its implication on choices and actions.
- Understand 'the grey areas' that surround sexual consent.

More information can be found at www.consenthub.ie

If you do not wish your son/daughter to participate in this Active Consent workshop, please contact the school.

Le meas,

Michelle Jefford
Principal



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