

**Coláiste Pobail na Mainistreach**  
Bóthar na Mainistreach, An Port Mór, Portláirge, X91 PC91  
**Priomhoide:** Michelle Ni Sheafraidh  
**Leas-Phriomhoide:** Colm de Ris  
**Leas-Phriomhoide:** Helen Ni Chonchubhair  
**Leas-Phriomhoide:** Laura Ni Ghiolla Phádraig

**Abbey Community College**  
Abbey Road, Ferrybank, Waterford, X91 PC91  
**Principal:** Michelle Jefford  
**Deputy Principal:** Colm Rice  
**Deputy Principal:** Helen O'Connor  
**Deputy Principal:** Laura Fitzpatrick



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10<sup>th</sup> February 2023

**THAT'S LIFE Educational Programme**  
**3rd Year RSE Health Lecture**

A chara,

As part of your child's Relationship and Sexuality Education (RSE), Abbey Community College has organised a talk on young adult's health issues: healthy lifestyles, including facts on smoking, vaping and alcohol; and an introduction to relationships and sexually transmitted infections for all third year students on the 22<sup>nd</sup> and 23<sup>rd</sup> February, 2023.

These sessions will be facilitated by a specialist nurse, Margaret Crean, qualified in Community Public School Health.

If you wish for your daughter/son not to attend, please contact the school.

We ask each student to contribute €2 towards the cost of running this programme.

€2 should be brought in on the day of the lecture.

Yours sincerely,

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Michelle Jefford  
Principal