

**Coláiste Pobail na Mainistreach**  
Bóthar na Mainistreach An Port Mór Portlárge X91 PC91  
Príomhoide: Michelle Ní Sheafraidh  
Leas-Phríomhoide: Colm de Rís  
Leas-Phríomhoide: Helen Ní Chonchubhair  
Leas-Phríomhoide: Laura Ní Ghiolla Phódraig

**Abbey Community College**  
Abbey Road Ferrybank Waterford X91 PC91  
Principal: Michelle Jefford  
Deputy Principal: Colm Rice  
Deputy Principal: Helen O'Connor  
Deputy Principal: Laura Fitzpatrick



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20<sup>th</sup> April, 2021

Dear Parent/Guardian,

**"THAT'S LIFE" Educational Programme**

**1st Year RSE Health Lecture**

As part of your child's *Relationship and Sexuality Education (RSE)*, Abbey Community College has organised a talk on puberty, healthy lifestyles and personal hygiene for all first year students. First year girls will attend this talk on Wednesday, April 28<sup>th</sup> for a double lesson. First year boys will attend this talk on Thursday, April 29<sup>th</sup> for a double lesson.

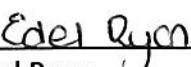
These sessions will be facilitated by a specialist nurse, Margaret Crean, qualified in Community Public School Health.

**If you wish for your daughter/son not to attend, please contact the school.**

We ask each student to contribute €2 towards the cost of running this programme.

€2 should be given to your child's tutor during tutor time this week.

Yours faithfully,

  
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Edel Ryan  
SPHE Co-Ordinator