



Assessment Zone 1 - Revision and Study Timetable

Student Council and Guidance Department Initiative November 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week (7 - 13 Nov)							
Week (14 - 20 Nov)							
Week (21 - 27 Nov)							
Assessment Zone 1 Exams							



ABBEY COMMUNITY COLLEGE

Study and Revision Strategies

Student Council and Guidance Department Initiative November 2022

PREPARATION:

Environment: Having a dedicated learning space is crucial for developing a good study routine. Your study space should be free from distraction and organised, as a cluttered work space will distract you from your work.

Getting Organised: Timetabling your study sessions is a useful way of making sure you know what you need to do and when.

Goal Setting: Once you've planned out your study sessions, it's important to stick to that routine and goal setting will help you to achieve that.

Consider the 3 Ws of Goal Setting:

- **Will** (your determination to complete the task e.g. research for my essay)
- **What** (you want to achieve e.g. research, writing up, editing)
- **When** (set a realistic time limit)

PREPARATION CHECKLIST

QUESTIONS:

- ✓ Do you have an organised study space?
- ✓ When and where do you work best?
- ✓ Have you set clear and realistic goals?
- ✓ Did you schedule your workload?
- ✓ Have you taken breaks?
- ✓ Have you evaluated your schedule and goals to ensure it works best for you?



Keep it Simple & Smart

Keep study methods simple, but effective!

Use the revision timetable to keep track of your study plans.

Use the “**Statements of Intent**” technique – what section of a subject will you study and when?

Example:

Monday	
Science - Photosynthesis	✓
Geography – Rock types and Formation	✓
Gaeilge – An Scéal: 10 Useful Phrases	✓

Using this study technique will help you cover the work in small, realistic, achievable steps.

Active Study

Avoid staring blankly at a page, hoping that the information will sink in.

Instead, become an active learner.

- Read it
- Cover it
- Say it
- Write it
- Check it

Make your own notes:

- Underline the main points
- Write the main points onto flashcards
- Create mind maps with the main points
- Use mnemonics (e.g. “Richard Of York Gave Battle In Vain” to learn the colours of the rainbow)

Nine ways students can revise for exams more effectively (Bradley Busch, 2016)

1. Eat breakfast.
2. Put away your phone.
3. Start your revision early and spread it out through the year (although it's never too late to start).
4. Test yourself (practice exam questions).
5. Teach someone (teaching someone else requires you to understand the topic clearly).
6. Use highlighters effectively (colour coding works well).
7. Don't listen to music (students who study in a quiet environment get better results).
8. Get some fresh air and exercise (you'll be better able to focus afterwards).
9. Sleep (leave the mobile phone in the kitchen).